

This is My ISAGENIX Weight Loss Story !



BEFORE ISAGENIX CLEANSE

AFTER ISAGENIX CLEANSE

When I was introduced to Isagenix, I was probably at the heaviest that I've been in my adult life. I weighed 196 pounds and was a very tight size 18 and resisted buying new, larger size clothes.

I didn't know how I would do on the Isagenix Program because of my lifestyle and all the parties and dinners I had to go to. I didn't even know if I could get through the 9-Day Cleansing Cycle.

Surprisingly - I got through the first 9 days fairly easily and felt so good that I was really motivated to continue with the Program. ***It's a little over 4 months now and I've lost a total of 56 pounds !*** I'm down to 136 and am a loose size 10.

For the first time that I can recall, I am exercising on a very regular and consistent basis. For some reason - my body just wants to be active. I still go out to dinners, etc . . . but my food selection is so different now. I just want to be healthy !

I don't know what I'm more excited about ~ losing all the weight and inches ~ or how healthy and good I feel !

Renee Nishimura ~ Hawaii