

## This is My ISAGENIX Weight Loss Story !



**BEFORE ISAGENIX CLEANSE**  
Weight: 186

**AFTER ISAGENIX CLEANSE**  
Weight: 119

I started on the Isagenix Cleansing and Fat Burning System in March of 2003 - shortly after having given birth to my second son. I did not feel comfortable with the prospect that my weight would continue to skyrocket. I wanted to get back into a fit body and knew I had to do something - and quick !

I was 186 pounds when I started Isagenix and 3 short weeks later, I had lost about 20 pounds of fat and lots of inches. I was very surprised at my results because I did a very modified version of the Cleanse. Many people began to notice and ask what I was doing.

My energy levels started to increase significantly. I was able to chase my kids around and I really wanted to be more active - which has helped me to maintain an optimal weight. I no longer had the discomfort in my back that I had during and after both of my pregnancies - and my stress levels always seem to be in control - as long as I take my Isagenix Shake and Women's Essentials and Antioxidants.

Since I started taking the Isagenix products - **I have been able to easily lose a total of 60 pounds and have kept it off !** I have never gone for any fad diets and love that Isagenix always keeps me well nourished. I never feel like I am dieting and rarely take any medications.

My family gets into the act too. My kids love the Isagenix Kids Shake and the IsaLean Chocolate Shake. My husband - who is very physically fit - loves to take some of my Shake or the IsaPro Protein Shake.

My dream of having a home-based business is also becoming a reality with Isagenix and I am very grateful to have been introduced to such an opportunity !

**Mary Miller-Maka**  
**Honolulu, Hawaii**

Weight-loss results may vary. In a recent study, participants averaged a weight loss of 7 pounds at the completion of their first Isagenix 9 Day Program. Always consult your physician before making any dietary changes or starting any nutrition, weight or exercise program.

**These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.**