

# **Bruce McDaniel's Story . . .**

## **Freeport, FL**

**. . . featured in "Chicken Soup for the Healthy Soul"**

**This is my Isagenix story. 30 pounds lighter and I am excited.**

**Let me start at the beginning. A year ago I decided to change my lifestyle with exercise and a new diet.**

**Well, after 6 months of the new diet and some exercise, I hadn't lost a pound. So, at that point, I had the total belief that I would be carrying this gut around for the rest of my life . . .**

**Well thanks to my good friends - Wayne and Julie (from St. Petersburg, FL) - who introduced me to the Isagenix system - I now have a new life with a whole new mind set !**

**Here is my story. I started using the Isagenix system at the end of June 2002. After 9 days - to my amazement - I lost 11 pounds without even breaking a sweat or suffering at all.**

**This was so exciting because now I saw it could happen. I am now 30 pounds lighter.**

**Thank you John Anderson and your whole team. Thank you Wayne and Julie for introducing this amazing system to me.**

**I now have my life back !**

**Bruce McDaniel**  
**Freeport, Florida**