

MY ISAGENIX STORY



**Certified Nutritional Consultant
Certified Personal Trainer
Nutritional Cleansing Coach**

I am a Certified Personal Fitness Trainer, Nutritional Consultant and Health Coach. I have been in the Health and Fitness industry for over 20 years and have personally trained and coached hundreds of clients.

As a Trainer and active participant in sports and weight training / body-building, my goal was always to find a supplement or natural product that would give me that extra edge. I have tried in my lifetime hundreds of different health supplements ~ some good, some fell flat, but all were not complete. There was always one or more nutrients that were missing from the ingredients that would make it a standalone product. I figured that maybe it was just not possible for there to be a totally complete product that would supply the body with everything that I felt it needed . . . until now . . .

I was introduced to Isagenix in June of 2003. At first I thought it was just another product, but upon closely examining all of the ingredients and how it was all put together, I realized that my search for the perfect supplements was over. I was amazed at all the high quality ingredients that Isagenix had and it cost almost half of what other supplements cost ~ that were lower in quality. I began using the Isagenix Nutritional Cleansing program and to my amazement I released 10 lbs and lost 3 inches around my waist quickly. I had so much energy and my recuperation time from training had drastically been reduced. I knew that I had found a winner with Isagenix. I then put my clients on the program and they all were reporting back to me amazing results ~ from weight loss to increased energy and a sense of overall well-being.

I decided then to take Isagenix to the competitive level. So I entered a fitness competition and my only source of supplementation was Isagenix. My results were better than I had ever expected or experienced before. Not only did I release an additional 15 lbs, but I decreased my body fat from 12% to 8% and increased in lean muscle mass.

Well for my very first fitness competition and being the oldest competitor at the age of 34 ~ I was thrilled to I came in 4th place. Thanks to Isagenix.

I decided now to work Isagenix as a full time business and it was the best decision I have ever made. I quickly became a crystal executive (in 2 1/2 weeks) and the month after attained my 2 star golden circle status.

What I love most about Isagenix is the people's lives that I have transformed through proper nutrition and cleansing and the financial impact that it has had on them. That is why we say here at Isagenix that we are in the HEALTH & WEALTH industry.

Thank you Isagenix for making a change in my life and in the lives of so many people.