

This is My ISAGENIX Story
Winner of the 2005 Military Body-Building Championship !



Fitness is my life! I'm a Physical Training Leader for the U. S. Air Force. I'm also a competitive *Body-BUILDER*. I'm excited ! In addition to winning the 2005 Military Body-Building Championship, I now have something that WORKS for my clients ! I have seen a lot of products come and go over the years - but I have never seen products that work as great as the Isagenix products. The quality and pureness of the Isagenix products far surpass anything I have ever seen or used before.

As a Certified Personal Trainer, I have a responsibility to help others experience the joys of leading an active, fit and healthy lifestyle. The thought of educating my clients on the importance of cleansing never crossed my mind until I was introduced to Isagenix International. Now I strongly believe it is the responsibility of every Personal Trainer to inform each of their clients how to obtain optimal health - not just on the outside - but on the inside as well.

I work out and train consistently. In spite of all my exercise, I was putting on excess fat right over my kidneys. I know now that was due to toxic build-up. I was skeptical but I was willing to give Isagenix a try. "Unbelievable" is the first word that came out of my mouth after using the 9-Day system! The results were just incredible!

I originally weighed in at 185lbs on Day 1 and had a 32 1/2" waist. But after using the 9-Day Cleansing System, my weight dropped to 175 lbs and my waist went down to 29 1/2." It took 3 inches from my waist and the "cut" it gave to my abs is every man's dream! To my surprise, I didn't lose any muscle mass. I wasn't tired, craving sweets or feeling overly hungry during this period. The technology and purity behind these products is what makes this system so effective and so easy to follow.

I now recommend the Isagenix System to all of my clients and they are thrilled with the results. We are experiencing reduced body fat, increased lean muscle mass, and an approximate 20% increase in strength. Before every competition, Body-Builders must lose weight without losing lean muscle mass. They must also gain lean muscle mass without gaining fat. Isagenix eliminates all the guesswork and strategy from that difficult task and makes it so simple to accomplish. I know professional Body-Builders who time their 9-Day Cleanse to end the day before competition. This gives them the increased muscle mass they need along with the lean "cut" necessary to show off those muscles they have been working so hard to build.

Do you know what's in your Whey? If the Whey Protein you're drinking isn't organic - then it's probably full of bovine growth hormones, pesticides, herbicides, and estrogen. The Whey protein in the **Isalean Shake** and **Isapro Protein Powder** is organic - from grass fed clean cattle, no harmful pesticides or hormones. Do you know what's in your Electrolyte Drink? Artificial sweeteners and colors are toxic! Isagenix **Want More Energy Electrolyte Drink** gives athletes much-needed electrolytes, vitamins, and minerals without the artificial sweeteners or colors.

I also use and recommend **Ionix Supreme**. Ionix aids in quick recovery times. It lubricates your joints. Ionix is full of ionic, organic trace minerals that assist the body in vitamin absorption. It supports stress relief - a very important benefit for everyone - but especially for those who train hard.

This new cleansing health technology is here to stay and I'm proud to be a front-runner in helping *America Get Clean and Lean!*

Brian K. Bailey
Odenton, Maryland

Weight-loss results may vary. In a recent study, participants averaged a weight loss of 7 pounds at the completion of their first Isagenix 9 Day Program. Always consult your physician before making any dietary changes or starting any nutrition, weight or exercise program.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.