

This is My ISAGENIX Weight Loss Story



BEFORE ISAGENIX CLEANSE
February 11, 2005
Weight: 235 lbs Waist: 44"



AFTER ISAGENIX CLEANSE
May 5, 2005
Weight: 200 lbs Waist: 38"

My name is Gary Anderson and I live in Burleson, Texas. I began using Isagenix on Feb. 11/05. I weighed 235 lbs and worked at a car lot in Fort Worth. I am 48 years old and have been drinking beer since I was in High school. I acquired a taste for bourbon about ten years ago and would look forward to drinking every night. If I had to work late, I got irritated because that would cut into my drinking time. I would have several bourbon and cokes until I went to bed every night. My wife, Sharon, kept saying that she didn't want to be married to my dad – a hopeless alcoholic.

My father passed away last year in April. Before he died, he would have blackouts and wake up on the floor. I wasn't that bad myself but I knew I had to stop drinking or it would kill me one day. I prayed that I would have the strength to quit drinking. I have a wife and four sons who depend on me. I didn't want to let them down.

On Friday, February 11, 2005, I started the Isagenix 9-Day Cleanse. The next day, I was scheduled to go to hear a band at a BYOB. I brought my usual Bourbon and Coke and told my Isagenix sponsor, Mike Klepper, that I planned on drinking alcohol that night – even though I was on the Cleanse. He said it was a personal choice and to do what I felt best. After getting blitzed that night, and a big Denny's breakfast at 2:00 am, I woke up the next morning and had my first Isagenix shake. Even though I drank the night before, I felt more energy than I felt in years. I even rode my bike with my 11-year-old son, Chris, for 10 miles !

I decided that I would try to complete the 9-Day Cleanse without drinking any alcohol. I did it ! **I lost 9 pounds in 9 days !** I had never gone an entire week without a drink since I was in college. I decided to set a goal to not drink for another week. After I made it another week, I felt I could say good-bye to alcohol. As of this time, August 19, 2005, I have not had any alcohol. I even celebrated my silver wedding anniversary in Cancun in July at an all-inclusive resort and did not partake in the FREE drinks. **WOW!**

My mental clarity is razor sharp and I have lost 35 pounds. I sleep with no problem and have more energy than I have had in years. My self-respect is intact and my wife loves her new slimmer, healthier husband !

Thanks to Isagenix, I have found a will to be healthy and share my story. I am now building my Isagenix business to achieve my financial freedom. Having financial freedom as well as great health is a Godsend !