

## This is My ISAGENIX Weight Loss Story



Hi! My name is Sharon. I am 43 years old and I am a registered nurse living in WI. I just completed a Master's Degree in nursing while working full time. During that time, I gained weight due to inactivity and poor eating habits.

I knew it was time to take control of my health and improve my self esteem by losing some weight so I joined Weight Watchers and lost 30 pounds ~ but it took over 8 months! Then I hit a plateau and I was really struggling and frustrated. No matter what I did, I could not lose any more weight.

In February 2006, I attended my annual work conference. My co-worker showed up 55 pounds lighter and really made an impression on me. That is how I learned about Isagenix. It took me several weeks to actually decide to try Isagenix. I was hesitant to order because I never liked drinking shakes and I would rather eat my meals. The money-back guarantee helped to persuade me to give Isagenix a try.

I was talking about the Isagenix program with my friend and we decided to do the Cleanse together. I am so happy we did. I lost 10.5 pounds and 17 inches on my first Isagenix Cleanse. I was thrilled and the pounds kept falling off. I could not believe it when I saw the numbers dropping . . . 180s, 170s, 160s . . . WOW ! My total weight loss has been 55 pounds ~ 30 pounds in 8 months on Weight Watchers and 25 pounds in 5 weeks on Isagenix. I also lost a total of 35 inches (5.5 inches from my waist) using the Isagenix System and I went from a size 16 to an 8. I have much more energy now. I am happy and more outgoing ~ and finally sleep through the night. My body is finally getting the nutrition it needs and it shows.

This program really works. I never feel hungry and I really enjoy the shakes and understand the importance of giving the body a rest through cleansing. I am so excited to help people achieve their weight and fitness goals.

Everyone asks me how I have lost weight. I never intended to sell the product ~ and I do not ~ it sells itself! I have been an RN for 23 years and I am at the top of my pay scale. It is frustrating to me because all I will get is my annual cost of living raise for the next 20 years that I work. With Isagenix, my income potential is far greater. That's exciting to me ~ I love the idea of having some control over my future.

*Sharon Pecsí*  
Wisconsin

Weight-loss results may vary. In a recent study, participants averaged a weight loss of 7 pounds at the completion of their first Isagenix 9 Day Program. Always consult your physician before making any dietary changes or starting any nutrition, weight or exercise program.

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