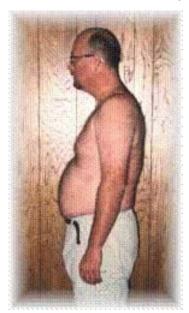
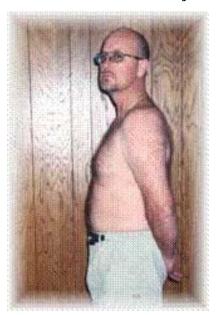
This is MY Weight Loss Story

[28 Pounds In 32 Days ... and ... 8 full inches ... All off my waist!]



BEFORE WEIGHT 240 LBS. WAIST 42''



AFTER WEIGHT 212 LBS. WAIST 36''

At the ripe old age of 44, I had found myself weighing more than I ever thought I would. Of course it's a slow increase, so you don't notice it as much until I started wondering if my waist size was supposed to keep up with my age. They seemed of late to be running hand in hand. I had sworn to myself that I would not wear a size 40 pant - and yet I was now in a forty two-inch waist.

I knew about eating right, exercise, and how to go about eating to increase metabolism. What I lacked was the real desire and discipline. When I heard and saw Peter Oelmann's weight loss story - and that he was doing it with a 9-Day program - I knew **immediately** that I had to try the program. I was pleased to find out that the program contained **No Ma Haung! No Ephedra! And No Caffeine!**

And the program came with a reassuring commitment to success ... a weight loss of **7 – 15 pounds in 9 days**. I have tried other weight loss programs and the biggest challenge was that most of them tasted like chalk. I knew it was supposed to be good for me, but I would quit after a short period of time because of taste. With this program, to my pleasant surprise, there was no bad taste to deal with. Instead, the Fat-Burning Drink – as well as the shakes and snacks – **Tasted Great** AND . . . I felt more energy, in fact I felt great, very alert, sharp and light footed.

The Real Thrill came – when I measured and weighed myself – 28 pounds in 32 days and 8 inches off my waist. Imagine the thrill that I could finally wear pants that I had bought with the idea that as soon as I took off some pounds I could wear my new pants. The pants had been hanging in my closet for as long as 4 years :). At this point, I could not keep my mouth shut - I wanted to share "My story" with everyone.

I still have a goal of eliminating another 12 –15 pounds and will do so over the next month. I will also continue to use the products in a maintenance program . . . one - because I feel so good when I am on them . . . and two - they will continue to maintain the Long Term Weight Control. I have never felt better and excited that I am in control of my weight.

Douglas C. Drake, Sr.