

## This is My Isagenix Weight Loss Story



I spent the last three years trying to find something that would work for me to lose weight and feel better. I had 2 surgeries ~ one year apart almost to the day. After the second surgery, I was automatically put into “change of life” earlier than I should have.

Other issues developed as well that caused my body to slow down. I watched my weight climb rapidly due to these problems. I had been watching what I was eating; walking 4 km 3 - 4 times a week; doing weight-bearing exercises 5 times a week, along with pilates. My work involves a lot of walking. However, my weight wouldn't budge.

I heard about Isagenix from a friend of ours ~ Brock Parker. I was a skeptical at first as I had tried so many things and I didn't want to fail again. Brock assured me that this would work for me ~ and he was right !

**I released 61 pounds and 52 inches and I feel absolutely fantastic !** I have lots of energy and I love how I feel consuming these Isagenix products.

I have been spreading the word to friends and family who have been joining me in health and in my Isagenix business. I am on a quest to help as many people as I can to enjoy and feel the experience that Isagenix has to offer.

I feel like I have a new lease on life. Thank you Isagenix and thank you Brock.

Linda Cook  
Ontario, Canada