

**From a size 20 to a size 6 . . .**  
**From a walker to rollerskates !**



I had developed unhealthy eating habits, was a yo-yo dieter and at age 55, I had developed what I call "old people" symptoms – and was severely overweight.

I have heard there are 5 major stresses that people can suffer from . . . #1 is the death of your spouse or child . . . #2 is divorce . . . #3 losing your job . . . #4 losing your health . . . and #5 financial stress. I experienced all five.

At 210 lbs and a size 20, a dear friend suggested I try a 30-Day Cleansing Nutritional Program from Isagenix. I had nothing to lose. In the first part of the program, I lost 17 lbs and 30 inches. All the "old people" symptoms began to subside. Within months of staying on the products, my doctor was happy with my progress and began to lower my medications and I was feeling wonderful.

At 135 lbs and feeling great, I decided to stop my autoship. Imagine that ! Within a very short time, my discomfort and stiffness returned and I was heading back down that road of feeling unhealthy. What was I thinking ? I came back to my senses and went back on the products and feel wonderful again.

My financial portfolio is looking much better too because my friends see me now and can't believe I'm the same person they used to know ! Thank you God and Thank you Isagenix !

Kathy Clymer Hanson ~ Iowa