

This is My Isagenix Weight Loss Story

Released 104 Pounds and 95 Inches !



My name is Lisa Casey. I would like to tell you my life-changing story of the past year. On April 20th, 2006, I started Isagenix and it was the first day of a MAJOR life-change for me. I had actually talked about the product with my friend prior to this, but I wasn't ready to start. I seemed to always have some excuse, "Oh, it's too expensive", or "I wouldn't be able to do something like this with my busy schedule." When I saw my friend again, we started talking about Isagenix, but this time I was asking more about the product. *I truly believe that when you begin something like this, you have to be ready . . . mind and body.* I came home and thought about it – HARD! It is such a commitment – would I be able to do this? What if we were to take our kids to Disneyland . . . I wouldn't be able to go on the rides with them . . . Then I found out that my son was being teased at school for having "fat parents". Anyone who has kids will know what I am talking about when I say that it rips your heart out to see your child crying about something like that.

So, my mind was set. I talked it over with my husband and phoned my friend who got everything set up. I received my product, gave my friend a call, and she got me all set up. I did 2 pre-cleanse days, then the first 2 cleanse days. WOW, I had some moments that I thought I wasn't going to make it, but my dear friend, Heather Braun, was (and still is) a great coach. I got through. I even went on a "date night" with my son, bought him popcorn, and didn't eat any myself ~ I drank lots of water though!

By the time I completed my 9-Day program, I had lost 10 lbs. and 11 inches! I was very pumped. Well, I will be the first to tell you that it hasn't been easy. I would have setbacks and be very upset with myself. I would phone my friend, and she would talk to me, get me calmed down ~ and I would get back in my right mind set and be off again.

But I persevered, and as I type this, I am very proud of three things. First, my husband started Isagenix in August 2006 and is doing quite well. He will be the first to tell you that he is not as committed as me . . . but he is on it and I'm very proud of him. Second, our family's eating habits have changed FOR THE GOOD. And finally, I am very proud to tell you that **to date ~ I have released 104 lbs. and 95 inches.** I feel and look FABULOUS. I have decided to lose more weight . . . how much, I'm not sure, but I've never looked so great or felt this good . . . SO MUCH ENERGY ! I am so glad that Heather talked to me and got me started ~ it's been amazing. Thank you Isagenix for being such an amazing product.

Lisa Casey

Weight-loss results may vary. In a recent study, participants averaged a weight loss of 7 pounds at the completion of their first Isagenix 9 Day Program. Always consult your physician before making any dietary changes or starting any nutrition, weight or exercise program.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.